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What is claimed is:

- 1. An aqueous tooth whitening liquid composition suitable for application to teeth in the oral cavity comprising a peroxide dispersed in an orally acceptable vehicle comprising water and a monohydric alcohol and a film forming combination of a poly(ethylene oxide) and a Carbomer.
- 2. The composition of claim 1 wherein the film forming poly(ethylene oxide) has a molecular weight from about 100,000 to 4,000,000.
- 3. The composition of claim 1 wherein the poly(ethylene oxide) is present in the composition in an amount from about 5 to about 50 weight %.
- 4. The composition of claim 1 wherein the Carbomer is a cross-linked acrylic acid copolymer.
- 5. The composition of claim 1 wherein the Carbomer is present in an amount from about 0.25 to about 1.5 weight %.
- 6. The composition of claim 1 wherein the peroxide is urea peroxide or hydrogen peroxide.
- 7. The composition of claim 1 wherein the concentration of peroxide present in the composition is from about 5.0 weight % to about 30 weight %.

- 8. The composition of claim 1 wherein a humectant is present in the vehicle humectant.
- 9. The composition of claim 8 wherein humectant is present in an amount from about 3.0 weight % to about 8.0 weight %.
 - 10. The composition of claim 1 wherein the aqueous vehicle is present in an amount from about 40 to about 70 wt.%.
- 10 11. The composition of claim 1 wherein the aqueous vehicle is a mixture of water and monohydric alcohol.
 - 12. The composition of claim 1 wherein the pH of the composition is maintained at a pH of about 3.5 to about 5.5.
 - 13. The composition of claim 1 wherein the pH is buffered with a buffering salt to maintain the pH.
 - 14. A method for whitening teeth which comprises

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- (a) preparing a tooth whitening composition of claim 1;
- (b) painting the composition into contact with the teeth to be whitened;
- (c) maintaining the composition in contact with the teeth for plurality of minutes per day; and then,
- 25 (d) repeating steps b and c for multiple days to thereby whiten the teeth.